

Lawson THRILL Reader



Lawson Thrill Speakers - Toastmasters International

Volume 2, Issue 4

Club 7507 District 6

March 2005



Speech to Packed House

It was standing room only at the February 19th TELI presentation given by our own Gabrielle (Elle) Hamen-Kieffer. Her speech title: ***“The 5 Top Mistakes Speakers Make”*** and her professional reputation made the session a popular choice among the conference offerings. *“The room was packed”, exclaimed Elle. “I ran out of my 50 handouts, so I estimate there were 60-70 people in the room.”*



Elle Hamen-Kieffer (right) conversing with session attendee at her TELI presentation

The speech focused on the top mistakes speakers make regardless if they are professional or novices. Elle used many big name speakers to illustrate the mistakes we all make. She pointed out that the 5 mistakes are:

5. Lack of Organization
4. Not Enough Preparation
3. Poor Verbal Skills
2. Poor Non-verbal Skills
1. Inauthentic

In her closing, Elle made a memorable point: “If you want to be remembered, work on your organization, verbal and non-verbal skills, and preparation. If you want to be remarkable be yourself!”

Contests

Quick reminder: Thursday March 24th is the spring speech contest for Lawson Thrill Speakers. Still time to sign up! Also, volunteers are needed to assist with special roles during the contest. Please contact Sharon Miller to either participate or help with the contest. Every spring and fall, Toastmasters conduct speech contests with varying speech categories and guidelines. For the spring of 2005, the speech categories are:

- Tall Tales
- International Speeches

Quote for the Month

“We are what we repeatedly do. Excellence, then, is not an act, but a habit.”

-Aristotle

New Member Welcomed



Please welcome our newest club member, **Mindy Henning**. Glad to have you with us Mindy!



Reading Corner

“Structuring a Speech”

By: Gerald M. Phillips

- A How-to-do-it book about public speaking
- Available in paperback at amazon.com

Read any good books lately? Share your discoveries here in the newsletter!

Spring Membership Drive

Time to expand our club membership and bring the benefits of the Toastmasters experience to others. Look for details and an exciting club-member contest in the near future. Contact Joan Watson if you are interested in a “sneak peek” of this event.

Zappa Earns ROKS Award



Shannon Zappa recently earned the ROKS (Recognition of Key Skills) club award for completing her 7th CTM speech. **Well done Shannon!**

Calendar of Important Events

- **Club Speech Contest:** Thursday March 24th, Noon
- **Area 15 Speech Contest:** Thursday March 31st, Noon at Burlington Northern in downtown St. Paul
- **No Club Meeting Thursday March 31st** due to the Area 15 contest. Please plan to attend the contest to support our participating club members.
- **Mid April:** Club membership drive
- **Spring TELI:** District 6, April 29th

Lawson Thrill Speakers Toastmasters Club
7507
Meets every Thursday at 12:00 noon at:
Lawson Commons
Second Floor – White Bear Lake Conf. Room
380 St. Peter Street
St. Paul, Minnesota, USA 55102

Club website:
<http://www.lawsonthrillspeakers.org>

District website: <http://www.d6tm.org>

International
website: <http://www.toastmasters.org>

Lawson Thrill Reader is a monthly publication for all club members and future members.

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